# *2010 BRASL*

Annual Spirit Lake Trails Festival

## Saturday, July 10, 2010

***B**ike **R**ide **A**round **S**pirit **L**ake*
15, 35 & 50-Mile Routes

Pre-Registration: $20 thru July 1, 2010
Registration: $25 after July 1, 2010
Fee Includes: BRASL 2010 T-Shirt, Cycler's Lunch Coupon, First-Aid Stations, Rest Stops and Support Vehicle
Pre-Registration: By **MAIL** or at ***Spirit Lake Bomgaars***, ***Cardio Plus*** *or* ***Spirit Lake Chamber of Commerce***

** * * Pick up Rider's Packet day of ride at registration site * * **

## Schedule

7:00 a.m. – 9:00 a.m. Registration in Spirit Lake, Hill Avenue, in front of ***A Piece of Work Inc.***
**7:30 a.m.** **35 & 50 Mile *BRASL* Route Begins**
**9:00 a.m.** 15-Mile ***BRASL* Ride Begins**

## Rides

BRASL 15-Mile Route: *Bike Cruise* around Spirit Lake, Iowa's Largest Natural Lake (Departs at 9:00)
BRASL 35 & 50 Mile Route: *Power Bike* around the Iowa Great Lakes, (Departs at 7:30)

*Make check payable to*: Spirit Lake Chamber of Commerce
*Send registration to*: Spirit Lake Chamber of Commerce
P.O. Box 155
Spirit Lake, IA 51360

For more information: 712-336-4978, mainsail@mchsi.com or www.slmainsail.com

*Parking Available at the Library, Public Parking Lots and Side Streets.*

***NO PARKING ON HILL AVENUE! See map on reverse side for parking locations.***

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## 2010 BRASL Registration Form

*Form may be duplicated – NOTE: **Pre-registration** guarantees a current year shirt day of the ride.*

Name: _____ Phone: _____

Address: _____

City: _____ State: _____ Zip: _____

Email Address: _____

**Shirt Size**: S____ M ____ L ____ XL ____ XXL____ Route: 15 Mile ___ 35 Mile ___ 50 Mile ___

Fee Enclosed: Adults: $20 thru 7/01/10 Family: $15 per Child under 12
$25 after 7/01/10 with Paid Adult

***Limited number of shirts available day of ride. Pre-registration (before July 1,2010) guarantees receipt of shirt**. Riders before official start may not have rest stops.*

*Disclaimer: I hereby agree not to hold the members of the sponsoring organization liable for any damages or bodily injury I may incur during my voluntary participation in this event. I also agree to obey all traffic regulations and use "Cyclist Courtesy".*

_____ _____

Participant's Signature Parent or Guardian's Signature, if under 18